

The background features a stylized, abstract landscape with various shapes and colors. There are several circular shapes representing trees or suns in shades of green, red, and grey. The background is composed of overlapping geometric shapes and lines in warm tones like brown, orange, and tan, creating a layered, textured effect.

Public Health Events

AIMST Diabetes Awareness Campaign	AMU Mental Health Awareness Campaign	CUCMS Women's Health Awareness Campaign	IMU Anti-Tobacco Campaign	IUM Mental Health Awareness Campaign & Hands, Feet and Mouth Health Awareness Campaign
KPJ HIV and AIDS Awareness Campaign	Lincoln Physical Health Awareness Campaign	Mahsa Health Disease Awareness Campaign	Monash Depression Awareness Campaign	MSU Cosmetic Products Awareness Campaign

Topics Distribution **Public Health Awareness Campaign 2018**

Nottingham Healthy Bones Awareness Campaign	SEGi Women's Health Awareness Campaign	Taylor's Diabetes Awareness Campaign	UCSI Chronic Kidney Disease Awareness Campaign	UiTM Mental Health Awareness Campaign
UKM Anti-Microbial Resistance Awareness Campaign	UniKL Vaccination Awareness Campaign	UM Heart Disease Awareness Campaign	USM Women's Health Awareness Campaign	

Best PHC of the Year!

Lincoln

Hands, Feet & Mouth Health Awareness Campaign

Unity Programme: Education And Charity For Humanity 2017 (UPREACH'17) was the name of our first outreach programme at Perkampungan Orang Asli. It was the second time SPALUC organizing Public Health Campaign which was an annual event by MyPSA. The campaign took place at Kampung Orang Asli, Pos Bihai Gua Musang, Kelantan for three days – 21st and 23rd April 2017 with the theme of Public Health Campaign : Hand, Foot and Mouth Diseases (HFMD). The target participants were indigenous people at Gua Musang, Kelantan which was known as prevalent state with high possibilities of hand, foot and mouth diseases. Eventhough the date of our programme was mentioned three days, however, the first and third day was reserved for the preparation and transportation purpose. It was due to the condition of the road and other technical factors that took us almost 10 hours to reach the Perkampungan Orang Asli. Therefore, the public health campaign which was organized by SPALUC in collaboration with IMAM Response and Relief Team (IMARET) held at the second day.

In addition, this programme involved some of the respective medical doctors, pharmacists and dentist. This slot was the main highlight to raise the awareness of participants on the theme that we brought. Apart from free medical check-up and consultations by the doctors and pharmacists, there were also demonstration activities, poster explanation regarding the body and environmental hygiene conducted by the pharmacy student of LUC. The informational posters and pamphlets were displayed to ease the participants to read and gain information on various current health related topics including the correct ways to maintain hygiene in order to prevent themselves from HFMD.

As the Public Health Campaign (PHC) was about reach and served the community, free health screening service has been offered to everyone. Besides that, informal approach in delivering better understanding on our campaign's theme was also applied through demonstration on the correct ways of brushing teeth and washing hands. In addition, PHC was also a good platform to develop students' creative thinking, communication, collaborative and management skills in becoming the future competent pharmacist. Despite the challenges encountered, the organizing team had actually learnt a valuable lesson and experience which will never be had from elsewhere. Moreover, bonded have been strengthened among the students and the collaboration team including the respective pharmacist, doctors and dental team. This programmed were not only helping those in need but also could create incorporation between students and professional team to work together in helping other people and at the same time enhance our own understanding on the health-related matter.



- ◀ Poster exhibition and explanation.
- ▼ Demonstration activities.



Awareness Campaign 2017

AIMST Heart Disease Awareness Campaign



The Public Health Campaign 2017 with the theme “Heart Health: Let’s Beat It!” started off at 10.30a.m. on 11th March 2017, involving a total number of 73 volunteers. The public started walking in by 10.45a.m. and ushered by the volunteers on duty to the registration counter. Response of the public was slow at first, but it started to get packed by 11.30a.m.

The health screening tests conducted were measurement of body mass index (BMI), systolic and diastolic blood pressure and biochemical analysis of glucose level.



▲ Opening Ceremony of the Public Health Campaign in Amanjaya Mall, Sungai Petani.

AMU Heart Disease Awareness Campaign

PUBLIC HEALTH CAMPAIGN 2017



SMK PERIMBUN
5th APRIL (WEDNESDAY) | 9AM - 3PM
GAMES / QUIZ / COUNSELING / VIDEOS / PRIZES

Organized by
ASIA
METROPOLITAN
UNIVERSITY
BPharm Society

In Collaboration with
MPSA

- ◀ Poster of Public Health Campaign.
- ▶ Blood pressure measuring during the event.



We were glad to see that all our events progressed successfully. We had organized the “Heart Disease Awareness Campaign” on 5th April 2017 from 9.00a.m. to 3.00p.m. at SMK Perimbun’s hall. One of the aims of this health awareness campaign was to spread the awareness on cardiovascular disease to the public as much as possible. Outsiders such as parents and friends of the graduated students were attending for the event too. Thus, we had the chance to approach to not only the SMK Perimbun’s students, but also the public for example adults who did not have an adequate knowledge on cardiovascular disease. The booth for our campaign was set up in SMK Perimbun’s hall so that we were able to gain the attraction from the public.

CUCMS

Physical Health Awareness Campaign

2nd Day

The students were divided into three groups which were the Home Medication Review (HMR) team, 'gotong-royong' team and 'merewang' team. The HMR team was joined together with four lecturers and seven registered pharmacists to conduct the Home Medication Review. HMR team visited the locals at their home to conduct clinical review of their medicines at home. The objective was to enhance the knowledge of the community and their awareness regarding medication especially for the individuals with chronic health related problems. 'Gotong-royong' and 'merewang' activity was held simultaneously at Surau Al-Kauthar to prepare for the grand dinner later.



1st Day

The students arrived at Surau Kg. Desa Murni Sanggang where the foster family officiation was held with 15 foster families.

3rd Day

KaMU (Karnival Mesra Ubat) event was held at Dewan Terbuka Desa Murni Kerdau. The opening ceremony began at 9.30 a.m. with the speech by Director of KaMU 2017 as well as inauguration by the representative of YB Dato' Sri Haji Mohd Sharkar bin Hj. Shamsudin, Chairman of the State Committee of Tourism and Culture. There were seven booths available on that day which were the health screening booth, children's booth, women's health booth, 'Know Your Medicine' booth, smoking cessation booth, exhibition booth and career booth.

IMU

Anti-Microbial Resistance Awareness Campaign



The event was held over a period of two days (7th and 8th March) in IMU with an additional day (18th March) for community outreach at the Bukit Komanwel Park.

The activities were predominantly held at the IMU atrium. Students volunteers were present the booth from 9.00 a.m. to 5.00 p.m. to assist the participants and to answer any queries.

Meanwhile, on the 18th March, community outreach campaign targeted to educate and raise awareness on antimicrobial resistance among the general public was held at the Bukit Komanwel Park. The public's knowledge on antimicrobial resistance was assessed with a simple five questions quiz. Various posters, pamphlet and games were used to educate the public on antimicrobial resistance. The public was also asked to make a pledge to help reduce the use of antibiotics for viral infections by imprinting their fingerprint on a piece of white cloth.



▲ A participant signed and pledged to be an antibiotic guardian.

KPJUC Zika & Dengue Awareness Campaign

The activities held on the first day which is on 1st of May 2017, involved participation of the public because the activities performed was Flash mob, Health Exhibition and Foot Screening Test, Coloring contest at Tesco, Nilai. A total of 80 students participated in this event accompanied by 2 advisors and 3 lecturers to succeed this event. The society gets input regarding the theme of Zika and Dengue and able to differentiate between Zika and Dengue. The public was also been taught of ways of preventing from breeding of mosquitoes.

On the second day which is on 2nd of May, a total of 65 students participated in *gotong-royong* activity around the campus area. Meanwhile, recycling competition and video making competition was still ongoing till the official closing ceremony day. The date of 4th July was the official closing ceremony day where blood and organ donation event was carried out with the help of Blood and Organ Donation team.



Mahsa Diabetes Awareness Campaign



▲ Committees.

▲ Blood donation.

On 1st April 2017, staff from NKF and PDN conducted health screening and blood donation at 10.00 a.m. respectively. We had since then received overwhelming response from the general public. All participants were requested to register themselves before proceeding to health screening counters. The public was offered to test for body mass index (BMI), blood pressure (BP), glucose test, cholesterol test and urinalysis. To add on, the participants were charged RM5 for cholesterol test. After that, the participants were directed to a

counselling counter set up by final year students where an assessment to evaluate the risk towards Type II diabetes was carried out. In addition, poster exhibition was set up in which several posters were prepared in dual language to help the general public in understanding and improving their knowledge pertaining to diabetes. Games were also designed to test the understanding of general public on the topic being highlighted.

On 2nd April 2017 (Sunday), there were more participants joining the event. As planned, NKF started the event by conducting health screening test at 10.00 a.m. and the flow was the same as the first day. PDN also joined the event on the second day of event. Many people joined blood donation knowing that a pint of blood saves many lives. Blood donation continued till 5.00 p.m.

Monash

Anti-Microbial Resistance Awareness Campaign

Different booths were set up during the event:

Pledge to fight antibiotic resistance

AMR Quiz

Pameran Kenali Ubat Anda (Know Your Medicine)

Health screening

Poster competition

T-shirt and Muffin sales

A talk about AMR was also held which was led by Dr. Mai Chun Wai. During the outreach in Bukit Komanwel, similar activities were also held for the public with the aim of raising awareness.



- ▲ Counseling booth.
- ▼ Volunteer giving advise on AMR to public.



MSU

Women's Health Awareness Campaign

Different activities were held during the event:

Anti-Tobacco Booth

Quiz

Blood Donation Drive

Health screening

Explorace competition on Anti-Tobacco

Zumba



▲ Event Poster.

A talk about smoking cessation was also held which was led by Ms Vanessa Yeow May Yin. During the outreach in MSU, similar activities were also held for the public with the aim of raising awareness of smoking cessation.

Nottingham

Mental Health Awareness Campaign

This campaign is primarily to promote mental health awareness amongst UNMC students, staff and students from other universities. It is also to provide opportunity to Nottingham's pharmacy students to contribute their compassion to the society and facilitate contribution of knowledge on this topic by invited speakers. The MyPSA Executive board serves as an advisory board to PharmNotts as there will be a collaborative effort between MyPSA & PharmNotts. The campaign was held in Kuala Lumpur Teaching Centre (KLTC) on 22nd of April 2017. Our target audience was mostly university students and staff, in which our expected target are 120 participants. This campaign comprised of talks by speakers with various background to help engage our diverse community in understanding and become more aware about mental health conditions.

REACH OUT TO ME:



YOU'RE NOT ALONE



- ▲ Logo of the event.
- ◀ Participants trying to solve the 'Human knot' task.

SEGi

Cosmetic Products Awareness Campaign

Cosmetics always come in mind whenever the public are engaged in the society, to ensure themselves are presentable to others during their work. However, not everyone understands the true values and usage of cosmetics to oneself and some might have overuse it and causing harm towards the user itself. Therefore, by organizing this Public Health Campaign, themed "Cosmetic and Confidence – Feel as good as you look", we try to promote the self-confidence with the correct ways to use cosmetics. Besides that, by advocating the proper and safe use of cosmetics might be benefits to those who are interested to try on cosmetics but worry about the damage that it can caused to their skin.

On Stage Event:

Four talks about cosmetics delivered by sponsor's representatives

1 Chriszen: "The Suitable Skincare for Your Skin Type"

2 Sebamed: Speaker Sam Leong: Talk about the ways to reduce and prevent acne as well as the right ways to take care of our skin and face.

3 Ericson Laboratorie: Introduce the concept of their and introduction of their product range

4 Avon: Talk about tips for makeup skills

Video Presentation

Makeover session by makeup artists

Lucky draw

Off Stage Event:

Exhibition

Games

Blind Beauty Make Over
Beauty Guess & Win Game

Nail polish Fashion Game
Makeover session

Food sale

Information sharing session by cosmetic companies at their respective booths



Taylor's Women's Health Awareness Campaign

A total of 9 booths will be set up on 25th of April which is the same date as the talk in the open area outside Student Life Centre (SLC). The organizers set up the booth one day before the event day, which is on 24th of April, Monday, after 5.30 p.m. The exhibition start from 9.10 a.m. till 5.00 p.m. Posters, flyers and information for exhibition obtained from the organizers such as MyPSA and others. Information and fun facts on the topics discussed like menstruation and menopause, cervical cancer and breast cancer, cosmeceuticals, mental health will be displayed to increase awareness of the students and the visitors while widening their horizon. Roadshow will be set up by sponsored companies like Watson to introduce their products. Students will be able to identify and expose to different drugs and medications specifically for women's health



◀ Bone Density Test.

as professionals from the company itself will be invited to explain about their products and carry out suitable demonstration. Health screening conducted by the students from Taylor's University School of Pharmacy. The included tests are BMI check, body fat, blood glucose and blood pressure tests. The consultation for the tests results done by the Pharmacists from Watson Pharmacy. Blood donation set up in LT11 with the cooperation from National Blood Bank and will take place from 10.00 a.m. to 4.00 p.m.

UiTM Zika & Dengue Awareness Campaign

Public Health Pharmacy Carnival (PHPC) is a program organized annually by students of the 6th semester Faculty of Pharmacy, UiTM Selangor, Puncak Alam Campus. "Zika Virus and Dengue Awareness" was chosen as the theme of this year's PHPC program.

Many activities will be carried out, among which are "Pharmacy2u" which is the main activity in PHPC. The interesting thing about this program is 20 students together with the Ministry of Health (MOH) officers and the pharmacists will be cycling around the neighbourhood and will visit



◀ Activity photo

several houses. They will serve and counsel them about the medication. For example, they will emphasize on the storage and how to use medication such as inhalers and insulin injection. In addition, to coincide with the theme of "Zika Virus and Dengue Awareness", gotong-royong to clean the area around the peak of the housing will be carried out. Additionally, a forum entitled "Cara Pengambilan Ubat Ketika Bulan Puasa" will be carried out as the months of Ramadan begin a week after this programme.



UKM

Diabetes Awareness Campaign



The aim of organizing this event is to promote the spirit of volunteerism among students of The National University of Malaysia by improving the public's knowledge and awareness about the safe and proper use of medication. Besides that, another objective of this event is to produce competitive students with high level of self-esteem in order for them to face the public and serve the community more confidently in future. Lastly, we hope the public could realised the importance of the pharmacy role in serving the community regarding the uses of medication and healthcare as well.



- ◀◀ Event Poster.
- ◀ A volunteer is explaining to the visitor about the method to identify counterfeit drugs and safe use of medication.

UniKL

Drug Abuse Awareness Campaign



University Kuala Lumpur, Royal College of Medicine Ipoh, Perak – on 30th September 2017, Pharmacy Student's Society (PSS) of University of Kuala Lumpur, Royal College of Medicine Perak organized a public health campaign with the theme being Drug Abuse Awareness. Generally, this campaign is an educational and interactive event designed to provide basic information on medicine and basic medical screening to the community. It is also a campaign which attempt to increase the public's awareness on drug abuse cases that is widely occurring here in Malaysia, specifically in Ipoh, Perak. There were blood donation drive, health screening booths, eye test booth, exhibition, games and health talk. With a target of audience of 300 people, we managed to approach school students and UniKL RCMP students to let them be aware of the danger of drug abuse.



- ◀ The Vips officiation Public Health Campaign: Drug Abuse Campaign 2017.

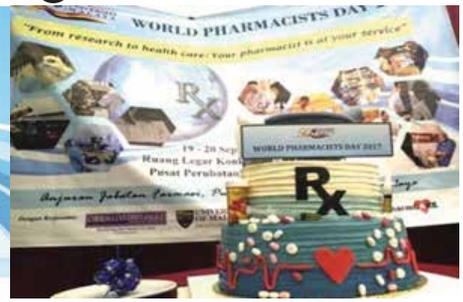
▶ Booth set up by the Pharmacy Student Society (PSS).



UM

Pharmacy Profession Awareness Campaign

- ▶ Event Poster.
- ▶▶ World Pharmacists Day Celebration Cake.



Bureau of Games and Activities

The students set up games booth at 8.00am. Registration started at 9.00am. For those who wanted to join the campaign, they registered themselves in this booth. Then, there were some games going on such as lucky draw, marble board game and a short quiz. The participants could get a small gift if they took part in both lucky draw and marble board game as well as answered a health-related question. After the participants visited all booths in the health campaign, they came back to games booth to collect their goodies bag.

Bureau of Health Screening

On both days at 8.00am, the students started to prepare the medical devices and set up the health screening booth. The health screening services offered in this campaign were body weight and height measure, blood pressure monitoring and bone density test. Body mass index (BMI) and blood pressure monitoring were done by the students while bone density test was done by the pharmacists in UMMC. Under collaboration with UMMC, the pharmacists in UMMC provided health counselling to the participants after they went through health screening.

IIUM

Anti-Tobacco Campaign

Public Relation Bureau in collaboration with Educational and Professionalism Bureau of IIUM Pharmacy Students Society (IPhA) organised Public Health Campaign (Anti-Tobacco and Know Your Medicine) at Jeti Kelip-Kelip, Kampung Cherating, Kuantan. This event was initiated by Malaysian Pharmacy Students' Association (MyPSA). The aim of this program is to inculcate the awareness of public towards medicine and the danger of tobacco. Besides, it contributed to one of the ways to educate society about the right way to handle medicine properly. The health screening, counselling session and survey regarding tobacco and medicine awareness were conducted in this program.

Consultation on smoking cessation. ▶

Public were brief with knowledge about medicine. ▼

